

# But Seriously!



**Peck & Strong makes Cakes, wholesome sweet Slices and Vegetarian Pies & Flans  
- cookery that is real and simple - with pride in what we produce, always with a twist,  
and never compromising on achieving the best flavours that we can imagine!**

Starting 30 years ago from a tiny Devon cottage kitchen but now operating from premises 100 times the size, we are still cooking by hand with flair from the best raw ingredients, with no pre-mixes, no processed ingredients, no short-cuts and minimal mechanisation.

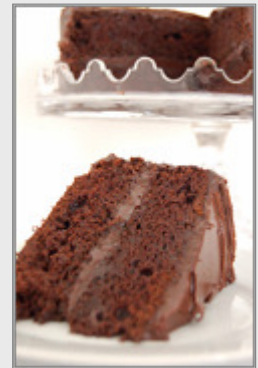
For a wide range of products (including some Gluten-free and others suitable for Vegans) see below and the following page.

**Generous Sample Boxes - either Sweet or Savoury - will be supplied to you on request. Do ask!**

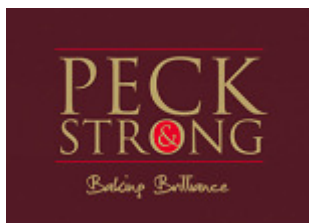
## WHOLE CAKES

All using Free Range Eggs - the Fruit Cake has none and is suitable for Vegans. We use Bramley Apples for our Apple Cake and fresh Ginger for the Ginger Cake! The Cream Cheese for our Carrot Cake is probably the West Country's most luscious. With Mascarpone - combined with finest high fruit Devonshire Raspberry Jam - in our Victoria Sponge and a **NEW** Chocolate Fudge Cake with intense flavour!

<u>12 to 16 Portions</u>	Size	Price	Per Portion	Life from Production
CARROT CAKE with CREAM CHEESE ICING	10" Round	-	- /12th - /16th	28 days
BRAMLEY APPLE CAKE	10" Round	-	- /12th - /16th	35
COFFEE CAKE	10" Round	-	- /12th - /16th	10
VICTORIA SPONGE with MASCARPONE CREAM & DEVONSHIRE RASPBERRY JAM	10" Round	-	- /12th - /16th	10
CHOCOLATE FUDGE CAKE (fully coated)	10" Round	-	- /12th - /16th	28
<u>10 to 12 Portions</u>				
SPICED GINGER CAKE	10" Loaf	-	- /10th - /12th	35
MOIST FRUIT CAKE WITH CHERRIES <b>VEGAN</b>	10" Loaf	-	- /10th - /12th	35



**SEE OTHER PAGE** for Premium Tray Bake Slices and Vegetarian Pies & Flans



**WE NEVER MANUFACTURE, ONLY COOK**

Peck & Strong, 2 Marsh Lane, Lords Meadow, Crediton, Devon EX17 1ES. [www.peckandstrong.co.uk](http://www.peckandstrong.co.uk)

## SWEET SLICES

All refreshingly gentle in their sweetness, great care is taken to balance the flavours well. Our slices come to you straight from the tin in which they were baked, still within their original baking parchment!

### Flapjacks

Our Flapjacks use Brown Sugar & Golden Syrup, while - a delicious cast back to the past - the Old-fashioned Treacle Flapjack uses Black Treacle instead. Where fruit is used, it is pure, natural and prepared from scratch.

16 pre-cut slices per box	Vegan	No Wheat	Price	/portion	Days Life from Production
ALL BUTTER FLAPJACK		✓	-	-	35
OLD-FASHIONED TREACLE FLAPJACK	✓	✓	-	-	35
CINNAMON APPLE FILLED FLAPJACK	✓	✓	-	-	35
APRICOT FILLED FLAPJACK	✓	✓	-	-	35
APPLE & BLACKCURRANT FILLED FLAPJACK	✓	✓	-	-	35
CHOCOLATE & COCONUT FLAPJACK	✓	✓	-	-	35
RICH CARAMEL-TOPPED FLAPJACK		✓	-	-	35
YOGHURT-TOPPED CINNAMON APPLE FILLED FLAPJACK			-	-	35
YOGHURT-TOPPED APRICOT FILLED FLAPJACK			-	-	35
YOGHURT-TOPPED APPLE & BLACKCURRANT FILLED FLAPJACK			-	-	35



↑ Old-Fashioned Treacle Flapjacks



↑ Chocolate & Coconut Flapjacks



↑ Chocolate Brownies with Walnuts

### Brownies

Made with Dark Belgian Chocolate and Rice Flour. Gloriously Truffle-like in texture ...

CHOCOLATE BROWNIE with WALNUTS	<b>NO GLUTEN</b>	✓	-	-	35
CHOCOLATE BROWNIE with RASPBERRIES	<b>NO GLUTEN</b>	✓	-	-	35

### Shortbreads

Lusciously light and, again, gentle and rounded in their sweetness - even the Caramel we make ourselves from Condensed Milk and Brown Sugar, while our Butter Shortbread has an intense Butter flavour ...



	Price	/portion	Vegan	Days Life from Production
PURE BUTTER SHORTBREAD	-	-		21
PURE BUTTER SHORTBREAD with CHERRIES	-	-		21
APPLE & DATE FILLED SHORTBREAD	-	-	✓	21
MINCEMEAT-FILLED SHORTBREAD	-	-	✓	21
LUXURY CHOCOLATE CARAMEL SHORTBREAD	-	-		35

## VEGETARIAN SAVOURY TARTS, FLANS & PIES

*all made purely to order ...*

Cooked to order, using great cheeses such as Cropwell Bishop Stilton, Gruyère and Feta, Free Range Eggs, Cream and freshly peeled Garlic. These are gutsy, wholesome and delicious.

12" Round (Serves 10 - 12 Portions)	Price	per 10/12 Portions	Vegan	Days Life from Production
POTATO & MATURE CHEDDAR PIE w/ HERBS & TOMATO	-	-		10
HOMINY PIE	-	-		10
SPICY RED LENTIL & CHEDDAR FLAN	-	-		10
MEDITERRANEAN VEGETABLE FLAN with FETA	-	-		10
CHEDDAR & SPRING ONION TART	-	-		10
GRUYÈRE & BROCCOLI TART	-	-		10
STILTON & MUSHROOM TART	-	-		10
<b>LIDDED PIES</b>				
LEEK & MUSHROOM PIE w/ CREAM & FRESH GARLIC	-	-		10
SPICED CHICK PEA & SPINACH	-	-	✓	10

